

## The 2015 Visegrip Viking™ Challenge CHICAGO

### Captains of Crush® Silver Bullet™ no weight division (men/women)

The athlete (reverse order of overall standing) will attempt to crush and then hold a 19mm CoC Silver Bullet™ between the handles of a No. 3 Captains of Crush (CoC) Gripper (women will use No. 2) and hold it until it falls out or the athlete's hand opens. Athlete's hand must be vertical position (not supinated or pronated), in front of athlete's body, and clear of athlete's other hand. A 2.5kg weight (CoC Silver Bullet disc) will be attached to the CoC Silver Bullet and the best time wins. No grip aids other than chalk allowed. The current World Record is 53.97 seconds set by Mike Burke (USA) at Visegrip Viking Challenge January 20, 2013.

[http://www.ironmind.com/ironmind/opencms/\\_2011/CoC-Silver-Bullet-Rules-World-Records](http://www.ironmind.com/ironmind/opencms/_2011/CoC-Silver-Bullet-Rules-World-Records)

Competitors	Time	Place	SCORE	Sub Total
Clay Edgin		2	6	17
Dom Salazar		0	0	7
Martins Licis		4	4	20.5
Russell Mueller		0	0	4
Eric Roussin		3	5	23
Ulice Payne III		5	3	19.5
Cody Burns	57.15 sec WR	1	7	14